



# BEHAVIOUR 2017

ESTORIL | PORTUGAL

30<sup>TH</sup> JULY - 4<sup>TH</sup> AUGUST

## LUNCH BOXES MENUS

### 1st Day

#### **Regular Lunch Box**

- 1 Roasted veal sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Veggie Lunch Box**

- 1 Curd cheese and arugula sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Glúten & Lactose Free Lunch Box**

- 1 Roasted veal sandwich with gluten free bread
- 2 Seasonal fruits
- ¼ Mineral water

### 2nd Day

#### **Regular Lunch Box**

- 1 Turkey ham and ancient mustard sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Veggie Lunch Box**

- 1 Spinach mini quiche
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Glúten & Lactose Free Lunch Box**

- 1 Turkey ham and lettuce sandwich with gluten free bread
- 2 Seasonal fruits
- ¼ Mineral water

### 3rd Day

#### **Regular Lunch Box**

- 1 Tuna sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Veggie Lunch Box**

- 1 Emmenthal cheese and lettuce sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Glúten & Lactose Free Lunch Box**

- 1 Tuna sandwich with gluten free bread
- 2 Seasonal fruits
- ¼ Mineral water

### 4th Day

#### **Regular Lunch Box**

- 1 Chicken and mayonnaise sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Veggie Lunch Box**

- 1 Mushrooms mini quiche
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Glúten & Lactose Free Lunch Box**

- 1 Chicken sandwich with gluten free bread
- 2 Seasonal fruits
- ¼ Mineral water

### 5th Day

#### **Regular Lunch Box**

- 1 Smoked salmon and cream cheese sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Veggie Lunch Box**

- 1 Mozzarella cheese, tomato and rocket sandwich
- 1 Seasonal fruit
- 1 Daily cake suggestion
- ¼ Mineral water

#### **Glúten & Lactose Free Lunch Box**

- 1 Smoked salmon sandwich with gluten free bread
- 2 Seasonal fruits
- ¼ Mineral water